



WARNING: Sex Inside

COSMOPOLITAN

WILD SEX!

That Big Bang is the Sound of Your Bed Breaking!

Crack the BRO CODE To Win Big @Work

glow on!

Clear-Skin Tricks That Actually Work

SHORTS SEASON! 3 Steps to Lean Legs and a Tight Butt

TIRED ALL DAY? Sleep Secrets for High-Energy Mornings

ONLINE DATING S.O.S. The 4 Texts No Man Can Resist!

KALEY CUOCO COMES OUT ON TOP!

HOW TO DEAL WHEN HE BROKE YOU MAKE BAN

FREE INSIDE Get Cosmo on Your iPad and Phone



My tools for surviving a spin session: a Derek Lam 10C x Athleta sports bra that doubles as a top (\$64, athleta.com) and Hyperice's Vibrating foam roller. It releases tension in your muscles like none other.



MEANWHILE, At The Girls' Lou Economic Forum Roz Brounstein (rig Brounstein) bra to be a success choice advice: ent." For more, s



Finding my better side: Queen Kylie Jenner stopped by office to school m in the art of selfie